



WHAT CAN I ASK FOR?

Sometimes it is difficult to know what is available and where to get more information about it. Knowing if and when you need a service will allow the professionals work to out how best to help you (if they can). We have put together a quick guide to help you discover what is available and where you could get further information. Copyright © Special Needs Community CIC 2018

	SUPPORT & ADVICE	CONTACT DETAILS
✓	Harrow's LOCAL OFFER Local website with all the SEN related services, e.g. Education, Health, Care services etc	www.harrow.gov.uk/localoffer
✓	Disability Living Allowance (DLA)/ Personal Independent Payments (PIP) (Benefit for children, young people and adults with a disability)	www.gov.uk/browse/disabilities
✓	Carer's Allowance (Benefit for anyone who is carer)	www.gov.uk/browse/disabilities
✓	Harrow Social Care Needs Assessment (for the child) (assessment to find out if the council can provide more support for families with children with complex needs)	Children and Young Adults with Disabilities Service (CYAD) Tel: 0208 901 2690 www.harrow.gov.uk/localoffer/services/social-care
✓	Short Breaks Support/ Core Offer (Support from the council for SEN holiday playschemes, afterschool clubs etc)	Harrow Council Tel: 0208 901 2690
✓	Barbara Bus Fund (Free local bus rental service for those with physical disabilities)	www.barbarabus.com 0208 4160733
✓	Disabled Parking Badges (Blue Badge)	www.harrow.gov.uk
✓	Free Nappies	Referral needed from GP or Health Professional or school nurse

✓	Family Fund Grant (money for SEN equipment & family holidays)	www.familyfund.org.uk
✓	Motability Car Scheme (Lease a car for 3years+ only with DLA high rate mobility)	www.motability.co.uk
✓	Dental Care for Disabled Children (specialist dental service)	Dental Dept at Alexandra Avenue Clinic www.harrow.gov.uk/localoffer/services/health
✓	Harrow SEN and Disability Advice Information and Support Service (Harrow SENDIAS) (Local legal advice on SEN education)	Tel: 0208 428 6487
✓	Harrow Families Information Service & Resource Directory (Harrow FIS) (General information and childcare providers)	www.harrow.gov.uk/childcare Tel: 0208 9012690 (option 1)
✓	Independent Parental Special Education Advice (IPSEA) (National charity that gives free legal advice on SEN and Disability education)	www.ipsea.org
✓	Centre for ADHD & Autism (CAAS) (Local Parent Support Group and Charity that offers support, coffee morning and training for families with children and young people with ADHD & Autism)	www.adhadandautism.org Tel: 0208 4291552
✓	Special Needs Community (Local Parent Support Group that offers support, information, coffee mornings and training, for all families with any child or young person with any disability.)	www.specialneedscommunity.org.uk
✓	Harrow Parents 4 Disabled Children (HP4DC) (Local Parent Carer Forum that represents voices of all parents on SEN services. They also provide information and training on local and national SEN & Disability law.)	www.harrowparents4disabledchildren.org Tel: 0208 421 6022/ 0792877689
✓	Harrow Association of Disabled People (HAD) (Local Charity that supports children and adults with a disability. They provide support to help you fill in benefits forms etc)	www.had.org Tel: 0208 861 9920
✓	Contact (formerly Contact A Family) (National Charity that supports families with SEN & Disability related issues. They provide a helpline and lots of information that covers any area in the UK.)	www.contact.org.uk Tel: 0808 808 3555